

**PARTICIPANTS:**

The Center is non-denominational and serves all people aged 60 or older that live within the City of Alexandria.

**NEW PARTICIPANT REGISTRATION:**

A short registration process is used to assess a prospective participant's needs and to meet Administrative requirements. Please call 703-751-2766 to make an appointment.

**SENIOR OPPORTUNITIES:**

The Center promotes happiness and independence through health and wellness, social, educational, recreational, and cultural opportunities. Referrals are made to other services throughout the community. Nutritious lunches are served daily.

**CENTER LOCATION:**

The Center is located at **4650 Taney Avenue, Alexandria**, across the street from the Patrick Henry Elementary School and Rec Center. Take Seminary Road to North Jordan then turn right on Taney Avenue.

**TRANSPORTATION AND MEALS:**

The City of Alexandria provides door-to-door bus transportation and daily lunch. Registered participants can make bus or meal reservations by calling 703-751-2766, one day in advance before 11:00 am.

**PARTNERS OF ST. MARTIN DE PORRES SENIOR CENTER:**

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.

**HELPFUL INFORMATION SOURCES:**

- **City of Alexandria Division of Aging and Adult Services: 703-746-5999**
- Alexandria DOT Transportation: 703-746-4079
- Alexandria Meals-On-Wheels: 703-836-4414 x.110 Marshall Hespe
- Alexandria Senior Taxi: 703-746-5999 x1
- Arlington County Agency on Aging: 703-228-1700
- Fairfax Area Agency on Aging: 703-324-7948
- Legal Services of Northern Virginia: 703-778-6800 Mon-Thurs 9:30-12:30, 1:30-3:30
- Catholic Charities Emergency Assistance: 703-548-4227, 703-548-4881
- **Catholic Charities Diocese of Arlington Senior Services: 703-751-2766**

**ST. MARTIN DE PORRES SENIOR CENTER STAFF:**

Juanita Balenger, Senior Center Program Director

Luis Angel, Senior Center Assistant Director

Maria Mellor, Activities and Food Service Assistant, Volunteer Coordinator



# ST. MARTIN DE PORRES SENIOR CENTER

**ALL SENIORS WELCOME!**

**Welcome Back!!**

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.



# May 2023

4650 Taney Ave. Alexandria, VA 22304

Phone: 703-751-2766

[www.cdda.net/seniorservices/](http://www.cdda.net/seniorservices/)

**CENTER OPEN:** MONDAY – FRIDAY  
8:30 A.M. – 1:30 P.M.

**OFFICE HOURS:** 8:00 A.M. – 4:00 P.M.

## **\*\*Reminders\*\***

**-Bus reservations must be made at least one day in advance by 11 am.**



**-Lunch reservations must be made at least one day in advance by 11am.**

## **Happy Birthday!**

May Birthdays!

09 – Bong Sun Choi  
11 – Kathryn Hunter  
11- Rai Nayyar  
14 – Socorro Gomez  
24 – Suman Nayyar  
24 – Gahmar Raouf  
27 – Earline Sylvester



Our Birthday Party will be on Wednesday, May 24

Musical Entertainment provided by DJ Robby G.

## **FIELD TRIPS**

**Wednesday, May 3: Walking around Old Town Alexandria with Picnic**

We will be going on a walking trip to Old Town Alexandria. Enjoy a day out at your own pace and watch the boats on the river while enjoying a picnic lunch. If it Rains, we will enjoy visiting the Torpedo Factory Art museum. Seating on the bus is limited to 20 seats, open on a first come first serve basis. Bus pick up begins at 8:30am and we will be leaving the center at 9:30. Last day to sign up is May 2nd at 11:30am. Please sign up with Juanita **in person while she is in her office.**



**Tuesday, May 30: The Age of Love Movie with Social**

We will joining our fellow seniors to watch a movie about seniors who are looking for love and turn to speed dating to find their special someone. After the movie, we will be joining in our own version of speed dating, with the goal of meeting new friends. Seating on the bus is limited to 18 seats, open on a first come first serve basis. Bus pick up begins at 9:15am and we will be leaving the center at 10:15. Last day to sign up is May 26th at 11:30am. Please sign up with Maria **in person while she is in her office.**